



2019 Wyoming Association of Diabetes Educator Annual Conference



May 9 & 10, 2019

Riverton, Wyoming

Holiday Inn Conference Center

Thursday, May 9, 2019

7:30 - 8:30am Registration

8:30 - 8:45am Announcements

8:45 - 9:45am Janet Wright MD, FACC

“Looking at Million Hearts In the USA”

1. Describe the current state and national trends in CV disease and the likely drivers of those trends.
2. Identify the highest-impact actions to prevent CVD and improve CV health
3. Integrate the most relevant high-impact actions into your current and planned work in Wyoming

9:45 - 10:00am Break & Exhibits

10:00 - 11:30am Nickola Bratton, BS

“Looking at the Million Hearts Initiative in Wyoming”

1. Discuss Wyoming’s Million Hearts Task Force
2. Identify its Mission, Vision and Goals
3. Discuss options for participation

11:30am Lunch / Partners & Exhibits

1:00 - 2:00pm Joe Grandpre, MPH PhD.

“The Burden of HTN & Diabetes in Wyoming”

Identify & discuss what HTN & DM look like in WY

2:00 - 3:00pm Tom Repas DO, CDE, FACE

“What is Patient Centered Care?”

Identify key elements of PCC.

3:15 – 3:30pm Break & Exhibits

3:30 - 5:00pm Amanda Kuck RDN, LD, Certified Chef

“Putting the Heart In Food”

1. Identify key food components
2. Identify healthy fats
3. Identify optional ways to prepare low fat food, will include a food preparation demonstration

5:00pm Closing and Evaluations

Evaluations for those attending Day 1 Only!

Friday, May 10, 2019

7:45 - 8:00am Registration

7:45 - 8:30am Breakfast & WyADE Annual Mgt

8:30 - 8:45am Announcements

8:45 - 10:15am Tom Repas DO, CDE, FACE

“Type 1 DM”

1. Describe the pathophysiology of Type 1 Diabetes
2. Recognize the glycemic variability in Type 1 Diabetes
3. Identify the need to balance tight glycemic control with hypoglycemia risk
4. Describe the newer non-insulin glucose-lowering agents which are being studied for use in Type 1 Diabetes

10:15 - 10:30am Break & Exhibits

10:30 - 11:30am “DPP Prevention Panel”

Hannah Herold MPH, Moderator

“Strategies for a Successful Prevention Program”

Identify the challenges and benefits of providing an DPP in your community:

Panel: Liz Fabrizio MS, RDN, CLSC, CDE, BC-ADM; Chandra Watson, CLSC; Mary Ann Lembke RN, CLSC; Linda Cardinal MS, RDN, LD, CLSC

11:30 - 12:00pm Jean Dominick MFA & Catherine Carrico, PhD

University of Wyoming “WYCOA” Chronic Disease

Self - Management Education Program

1. Identify 3 goals of evidence-based chronic disease self-management education programming
2. Identify 3 self-management activities that are core elements of “Healthy U”
3. Identify 3 ways that chronic disease educators and healthcare providers can foster the continued development of chronic disease self-management education in Wyoming

12:00 - 12:45pm Lunch /Partners & Exhibits

12:45 - 1:45pm Beth Haggett MSW, LCSW, PhD

Master Personal & Executive Coach

“Coaching Beyond The Box” Tools for successful coaching

1. Identify the role of a Coach
2. Acknowledge five skills for effective coaching
3. Discuss your increased ability to hold others accountable for meeting their goals and commitments

1:45 - 2:00pm Break & Exhibits

2:00 - 4:00pm Beth Haggett MSW, LCSW, PhD

“Coaching Practicum”

Demonstrate your new coaching skills

Role play 1-2 scenarios as a Life Style Coach

4:00pm Closing and Evaluations

2019 Wyoming Association of Diabetes Educator Annual Conference

Continuing Education:



American Association of Diabetes Educators Provider is accredited as a provider of continuing nursing education by the American Nurses Center's Commission on accreditation. This program provides 11.5 contact hours of continuing education credit.



The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 11.5 contact hour of continuing Professional Education for completion of activities material and Continuing Professional Education Provider. Accreditation does not constitute endorsement by CDR of a provider, program or materials.



The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 11.5 contact hours (.115 CEU's) of continuing education credit.

WyADE: Has received 11.5 CME's for this conference

Planners: Disclose no conflict of interest relative to this educational activity.

Faculty/Presenters/ Authors/ Content Reviewers: Disclose no conflict of interest relative to this educational activity.

Requirements for Successful Completion: For successful completion, participants are required to be in attendance for the full activity; complete and submit the program evaluation at the conclusion of this event.

Registration:

AADE Web Reg link: Opens 1/30/2019
<http://www.myaadenetwork.org/e/in/eid=1279>

Name: _____
Discipline: (MD,RN, RD, Other) _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Place of work: _____

Registration Fee:

AADE Member - 2 Days \$100.00
1 Day \$ 75.00
Non-Members - 2 Days \$130.00
1 Day \$ 100.00

Includes:

Lunch -Thursday & Friday; Breakfast Mgt - Friday

Registration closes April 30, 2019

No refund after April 30, 2019

*Scholarships may be available, Inquire with Ashley or Dian

Hotel Reservation Code: "AAD"

Holiday Inn Conference Center
900 E. Sunset Dr. Riverton Wy. 82501
307-856-8100

For Further Information - Contact

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-OR-

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This Live Conference Activity is designed for all levels of health care professionals that care for clients with cardiovascular disease, pre-diabetes and diabetes, including physicians, nurse practioners, physician assistants, nursing, dietitians, pharmacist and community health workers.

Learning Outcome - Identify new trends and tools in cardiovascular disease prevention, pre-diabetes and diabetes education through patient centered care and prevention.